

Lesson Plan: Discovering Careers with CareerViewXR

Grade Level: 6–8

Duration: 45–60 minutes

Subject Area: Career Exploration / Advisory / CTE

Technology Area: Tablets, computers, or VR headsets with CareerViewXR access

Objective:

By the end of this lesson, student will:

- Be exposed to a variety of career options through interactive VR experiences.
- Recognize the connection between their personal interests and career possibilities.
- Identify skills and education needed for different careers.
- Reflect on careers that interest them.

Materials Needed:

- Link to CareerViewXR web-based experiences
- Internet connection
- Computer or device for each student
- Student Career Exploration Worksheet (included in lesson plan)
- Whiteboard or Projector

Lesson Outline

1. Warm-Up: Career Brainstorm (10 min)

- Ask students:
 - "What do you want to be when you grow up?"
 - "What careers do you know about?"
- Write answers on the board and encourage all ideas.
- Introduce CareerViewXR and explain how it lets them experience real careers through virtual reality.

2. CareerViewXR Exploration (20 min)

- Students will explore 2 career videos of their choice OR from a pre-selected list appropriate for middle school (ex: Carpenter, Vet Tech, Welder, Teacher, Contract Harvesting).

2. CareerViewXR Exploration (CONT.)

- As they watch, students will complete a Career Exploration Worksheet answering:
 - Career Title
 - What does this person do?
 - What tools & skills do they use?
 - One interesting thing about this career

3. Class Discussion & Reflection (15 min)

- Ask students to share one career they explored.
- Lead a short discussion:
 - Would you like this career? Why or why not?
 - What surprised you about this job?
 - What skills do you think are important for this career?

4. Exit Ticket (5 min)

- Students write down:
 - One career they are now curious about
 - One question they have about that career

Optional Extension:

Students can pick one career they explored and create a mini-poster to display in the classroom with:

- Career name
- Pictures or drawings
- 3 facts about the career

Assessment:

- Completion of Career Exploration Worksheet
- Participation in class discussion
- Exit ticket

Thanks for trying our lesson plan!



Career Exploration Worksheet

Name: _____ Date: _____

Career #1: _____

What does this person do? _____

What tools or skills do they use? _____

One interesting thing about this career: _____



Career #2: _____

What does this person do? _____

What tools or skills do they use? _____

One interesting thing about this career: _____

Reflection

1. Which career did you like the most? Why?

2. What is one new career you learned about today?

3. What question(s) do you still have about the careers you explored?
