

# Lesson Plan: Exploring Career Pathways with CareerViewXR

**Grade Level:** 9-12

**Duration:** 1-2 class periods (45-60 minutes each)

**Subject Area:** Career Exploration / Career & Technical Education (CTE) / Professional Development

Technology Required: VR headsets, tablets, or computers with CareerViewXR access

## **Lesson Objectives:**

By the end of this lesson, students will:

- Explore multiple career pathways using CareerViewXR.
- Identify job roles, required skills, and career growth opportunities.
- Reflect on personal interests and how they align with potential career paths.
- Develop a short career action plan based on their VR career exploration.

## **Materials Needed:**

- Link to CareerViewXR web-based experiences
- Internet connection
- Computer or devices for each student
- Student reflection worksheets
- Headphones (optional for better audio experience)
- Whiteboard & markers
- Career Exploration worksheet (included with lesson plan)

## **Lesson Outline**

### **1. Introduction (10 min)**

- **Discussion Prompt:** “What careers are you interested in? What factors influence your career choices?”
- Briefly introduce CareerViewXR and explain how immersive technology helps students learn about real-world careers.
- Review the day’s objectives and outcomes.

## **2. CareerViewXR Exploration (20-30 min)**

- Students will log in to CareerViewXR on their devices, using the link you provide.
- Teacher will assign OR allow students to choose 2-3 career experiences to explore from different career clusters (e.g., Healthcare, Skilled Trades, IT, Agriculture).
- As students engage, they will fill out a Career Exploration Worksheet noting:
  - Career Title
  - Key responsibilities
  - Required skills/education
  - Work environment
  - One thing they found surprising or interesting

## **3. Group Discussion (10 min)**

- In small groups, students will share:
  - Which careers they explored
  - What they found interesting
  - Whether any career sparked their interest or changed their thinking

## **4. Career Reflection & Action Plan (15 min)**

- Students will complete a short reflection using the provided Career Exploration worksheet. They will answer:
  - What career(s) did you find most interesting?
  - How do your personal strengths and interests align with this career?
  - What next steps could you take if you wanted to pursue this career? (e.g., coursework, job shadowing, talking to a professional)

### **Optional Extension Activity:**

- Students can create a Career Infographic about one career they explored, including job responsibilities, education needed, salary range, and pros/cons.

### **Assessment:**

- Completion of Career Exploration Worksheet w/ Reflection & Action Plan
- Participation in group discussion

**Thanks for trying our lesson plan!**

 CareerView<sup>XR</sup><sup>®</sup>

## Career Exploration Worksheet

**Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Career #1:** \_\_\_\_\_

**Key Responsibilities:** \_\_\_\_\_

**Required Skills/Education:** \_\_\_\_\_

**Work Environment:** \_\_\_\_\_

**One thing I found interesting:** \_\_\_\_\_



**Career #1:** \_\_\_\_\_

**Key Responsibilities:** \_\_\_\_\_

**Required Skills/Education:** \_\_\_\_\_

**Work Environment:** \_\_\_\_\_

**One thing I found interesting:** \_\_\_\_\_

## Reflection

**1. Which career did you find most interesting? Why?**

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**2. How do your interests and strengths match this career?**

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**3. What next steps could you take to explore this career further?**

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